



COUNSELING INTERESTS

Meditation / Mindfulness _____
Spirituality _____
Phase of Life Transition _____
Addictive Disorder _____
Obsessions/Compulsions _____
Relationships / Family _____
Depression/Anxiety _____
Jungian Analysis _____
1-1 Psychotherapy _____
Reading Recommendations _____
Hypnotherapy _____
Existential / Logotherapy _____
Other _____

Name _____ Date _____